Appetizers

Hot

Shawarma Plate
Beef or chicken with sautéed tomatoes, onions, topped with parsley and sesame seed sauce - 11.00

Lemongrass Chicken
Pot Stickers (6)
Drizzled with choice of sesame ginger or chipotle mayo - 8.99

Mozzarella Sticks (6)
Deep fried, served with marinara sauce - 7.50

Corkscrew Fried Shrimp
Drizzled with choice of chipotle mayo or sesame ginger sauce - 9.50

Beer Battered Fried Shrimp
Shrimp lightly breaded then deep fried until golden brown - 9.50

Hommus with Sautéed Lamb or Chicken
And onions topped with roasted almonds - 12.50

Baked Kibbee
Ground lean beef with lamb, mixed with cracked wheat and special seasonings - 8.50

Kibbee Balls (5)
Fried kibbee balls stuffed with beef, lamb, almonds and onions - 9.50

Kafta (2)
Flame grilled hand rolled portions of ground beef, lamb, parsley, onion and spices - 8.00

Grape Leaves (10)
Hand rolled and stuffed with a blend of ground lamb, beef, rice and spices, cooked with light lemon and tomato sauce - 9.50

Cold

Hommus
Chickpea paste blended with sesame seed sauce, lemon juice and garlic - 7.00

Tabbouleh Salad
Chopped parsley mixed with wheat bulghur, tomatoes, onions, oil and lemon juice - 7.50

Raw Kibbee (Kibbee Nayyeh)
Ground lean beef, mixed with cracked wheat and spices - 13.50
(Only prepared fresh Thursday, Friday & Saturday)

Mezza Sampler
Hommus, tabbouleh, baba ganouj, served with feta, tomato and olives - 15.50

Yogurt Spread (Labneh)
Rich yogurt spread served plain or with garlic - 5.00

Vegetarian Grape Leaves (10)
Hand rolled and stuffed with rice, onions, parsley and tomatoes flavored with spices, lemon juice and oil - 9.50

Tuna Wonton
Wonton crisps topped with Yellow Fin Tuna drizzled with sesame ginger and wasabi sauce - 12.50

Rice Pilaf - 3.75
Yogurt - 3.00
French Fries - 4.00
Skewer of Vegetables
Flame grilled onions, peppers and tomatoes - 3.75
Beer Battered Onion Rings - 4.50
**Dinners**

*Choice of two: French fries, rice or dinner-size house salad*

- **Lamb On The Stick** (Lahem Meshwi)
  Flame grilled lamb and onions on a skewer - 21.00

- **Sirloin Shish Kabob**
  Flame grilled sirloin kabobs grilled with onions on a skewer - 17.50

- **Chicken Kabob** (Shish Taouk)
  Flame grilled marinated chicken kabobs on a skewer - 16.50

- **Kafta (3)**
  Flame grilled hand rolled portions of ground beef, lamb, parsley, onion and spices - 16.50

- **Grape Leaves (7)**
  Hand rolled and stuffed with a blend of ground lamb, beef, rice and spices cooked with light lemon and tomato sauce - 16.50

- **Baked Kibbee**
  Ground lean beef, lamb, mixed with cracked wheat and special seasonings - 16.50

- **Cabbage (5)**
  Rolled and stuffed with a blend of ground lamb and beef, rice and spices - 16.50

- **Baked Haddock**
  Topped with homemade stuffing - 18.00

- **Vegetarian Grape Leaves (7)**
  Hand rolled and stuffed with rice, onions, parsley and tomatoes. flavored with spices and lemon juice - 16.50

- **Arabic Platter Dinner**
  Baked kibbee, cabbage (2) and grape leaves (3) - 17.00

- **Salmon**
  10 oz. salmon with your choice of Antoine’s butter and herbs, Cajun or simply grilled - 19.00

- **Friday and Saturday Night Special**
  4 baked stuffed jumbo shrimp topped with our own walnut stuffing - 24.00

**Family Style Platters**

- **Arabic Combo for Two**
  Baked kibbee for 2 - stuffed grape leaves (6), cabbage (4) and served with rice - 21.00

- **Mashawe Arabic Grill for Four**
  Flame grilled lamb, beef, chicken, vegetable on a skewer and grilled kafta on a bed of rice. Served with French fries - 54.00

**Salads**

*Choice of house, bleu cheese, Caesar, honey mustard, ranch, creamy Italian, oil and vinegar*

- **House Salad**
  Mixed greens, onion, tomatoes and cucumbers with your choice of dressing.
  Large - 6.50  Dinner - 4.50  Lunch - 2.75

- **Fattoush**
  Mixed greens, onions, tomatoes, cucumbers, toasted bread and sumac topped with parsley, dried mint, tossed with our house dressing - 7.50

- **Caesar Salad**
  Crispy romaine lettuce, croutons and Parmesan cheese, tossed with Caesar dressing - 7.50

- **Feta Salad**
  Fresh platter of feta, onion, tomatoes, cucumbers and olives. Drizzled with olive oil - 8.50

  The following may be added to any salad:

  - **Yellow Fin Tuna** - 11.00
  - **Chicken Kabob** - 6.50
  - **Chicken Salad** - 5.00
  - **Tuna Salad** - 5.00
  - **Salmon** 10 oz. - 12.00
  - **Lamb** - 10.00
  - **Olives** - 2.00
  - **Beef Tips** - 8.00
  - **Feta Cheese** - 2.00

**Visit our website at sandtrapbarandgrille.com**

**Warning:** Consuming raw or undercooked foods such as meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.
**Luncheon Specials**

**Lamb On The Stick (Lahem Meshwi)**
Flame grilled lamb kabobs with onions on a skewer - 14.00

**Sirloin Shish Kabob**
Flame grilled sirloin kabobs grilled with onions on a skewer - 13.00

**Chicken Kabob (Shish Taouk)**
Flame grilled marinated chicken kabobs on a skewer - 12.50

**Kafta (2)**
Flame grilled hand rolled portions of ground beef, lamb, parsley, onion and spices - 12.50

**Baked Kibbee**
Ground lean beef, lamb, mixed with cracked wheat and special seasoning - 12.50

**Arabic Platter**
Baked kibbee for 1, grape leaves (2) and cabbage (1) - 12.50

**Baked Haddock**
Topped with homemade stuffing - 13.00

**Grape Leaves (5)**
Hand rolled and stuffed with a blend of ground lamb, beef, rice and spices cooked with light lemon and tomato sauce - 12.00

**Vegetarian Grape Leaves (5)**
Hand rolled and stuffed with rice, onion, parsley and tomatoes. Flavored with spices and lemon juice - 12.00

**Cabbage (3)**
Rolled and stuffed with ground lamb and beef, rice and spices - 12.00

**Choice of two: French fries, rice or small house salad**

**Sandwiches**

- **Hot Dog** - 3.00
  - Add Fries - 1.50

- **Black Angus Burger***
  Served with lettuce, tomato and onion on a toasted sesame bun - 9.00
  - American cheese add 1.00

- **Steak (or Chicken) and Cheese***
  Fresh shaved steak (or chicken) and melted cheese - 8.50
  - Add mushrooms, peppers or onions - 50¢ each
  - Extra cheese - 50¢ Salad inside - 1.00

- **Steak (or Chicken) Bomb***
  Fresh shaved steak (or chicken), cheese, mushrooms, peppers & onions - 9.99

- **Lamb Kabob***
  Served with lettuce, tomatoes, onions and house dressing - 11.50

- **Grilled Sirloin Tips***
  Served with lettuce, tomatoes, onions and house dressing - 10.50

- **Shawarma Beef or Chicken***
  Served with sautéed tomatoes, onions and topped with parsley and sesame seed sauce - 9.50

- **Kafta Kabob***
  Served with lettuce, tomatoes, onions and house dressing - 9.50

- **Tuna***
  Served with lettuce, tomatoes and onions - 9.00

- **Cranberry Walnut Chicken Salad***
  Served with lettuce, tomato, onion - 9.50

- **Baked Kibbee***
  Served with lettuce, tomatoes, onions and house dressing - 9.50

- **Chicken Kabob***
  Served with lettuce, tomatoes, onions and house dressing - 9.50

- **Chicken Caesar***
  Crispy romaine lettuce, Parmesan cheese, and Caesar dressing - 10.00

- **Veggie***
  Hommus, tabbouleh, and lettuce - 9.00

**Desserts**

Ask your server for today’s sweets!

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