

# SANDTRAP

## BAR & GRILLE

EST. 1971

### APPETIZERS

#### TENDERS OR WINGS \$14

buffalo, bbq, mango habanero, sweet chili, or naked

#### GUACAMOLE \$12

#### LOADED POTATO SKINS \$12

smothered with cheese, bacon & sour cream

#### JUMBO SHRIMP COCKTAIL \$16

#### FRIED MOZZARELLA \$12

marinara, basil

#### CHICKEN QUESADILLA \$14

peppers, onions, pepper jack cheese, pico & sour cream

#### LOADED NACHOS \$14

cheese, pico de gallo, jalapeños, sour cream

add guacamole +\$4

add chicken +\$6

#### EGGPLANT TOWER \$14

layered breaded eggplant, mozzarella, ricotta, marinara

#### HUMMUS PLATE \$14

#### SOUP OF THE DAY

bowl \$10/cup \$8

#### CAESAR \$12

shaved aged parm, croutons, lemon garnish

#### SOUTHWEST \$15

tortilla chips, corn, black beans, avocado, cheddar cheese, & spicy ranch

#### COBB \$16

hard boiled egg, bacon, bleu cheese crumble, avocado, grilled corn, tomato & cucumber

#### GREEK \$12

tomato, cucumber, red onion, kalamata, feta & croutons

#### AUTUMN SALAD \$15

apples, craisins, walnuts, goat cheese & balsamic dressing

#### DRESSINGS

BALSAMIC, RANCH, BLEU CHEESE, CAESAR, CREAMY ITALIAN, GREEK, ITALIAN

ADD PROTEIN: CHICKEN (\$8), CHICKEN KABOB (\$9), STEAK TIPS (\$18), SALMON (\$16)

### SIDES

#### RICE \$5

#### TRUFFLE FRIES \$9

#### SWEET POTATO FRIES \$9

with jalapeño aioli

#### FRENCH FRIES \$6

#### ONION RINGS \$9

with horseradish cream

#### MAC & CHEESE \$9

#### BLACK BEANS \$5

#### MASHED POTATO \$5

#### ASPARAGUS \$6

#### ALL HANDHELDS SERVED WITH FRIES

SUBSTITUTE WITH SWEET POTATO FRIES, TRUFFLE FRIES OR ONION RINGS +\$2

### BURGERS

### SANDWICHES

### SA

#### CLASSIC SIRLOIN BURGER \$16

cheese, lettuce, tomato

#### 19TH HOLE BURGER \$18

bbq sauce, onion rings, cheese & bacon

#### TRAP BURGER \$18

cheese smothered with sautéed mushrooms & onions

#### THE MACK \$18

cheese, lettuce, tomato, onions and Sandtrap sauce

#### TURKEY CLUB \$16

oven roasted turkey

#### CHICKEN CAPRESE \$18

cutlet, fresh mozz, tomato, balsamic glaze, prosciutto

#### HOT HONEY CHICKEN SANDWICH \$16

crispy chicken cutlet, hot honey, lettuce, pickles & jalapeño aioli on brioche

#### FRIED FISH SANDWICH \$18

cole slaw & tartar sauce on brioche

#### CHICKEN PARM SUB \$16

#### CHICKEN CAESAR WRAP \$16

#### GREEK CHICKEN WRAP \$16

#### STEAK & CHEESE SUB \$16

#### BUFFALO CHICKEN MAC \$22

orrechiette pasta, five cheese mac sauce, and buffalo chicken tenders

#### SIRLOIN TIPS \$38

served with mashed potato and veg of the day. a little spicy, a little sweet

#### NY SIRLION \$36

NY sirloin, garlic herb butter, fries

#### GRILLED SALMON \$28

served with rice and veggies

#### FRESH BAKED HADDOCK \$24

served with mashed potato, asparagus and grilled lemon

#### CHICKEN KABOB \$24

served over rice, with salad and arabic bread

#### FISH TACOS \$18

(2) served with rice, pico de gallo, cabbage and black beans

#### FISH & CHIPS \$22

house battered haddock, cole slaw, light & crispy

#### SANDTRAP BOWLS

served with rice, black beans pico, and sour cream

chicken \$18

steak \$22

add guacamole \$4

#### SHRIMP SCAMPI \$24

#### CHICKEN PARM \$22

breaded chicken, mozzarella, and spaghetti

#### SPICY RIGATONI \$22

marinara, spicy sausage and ricotta cheese